

Read A Line Do A Line Cooking.com

Source: Paula Deen (<https://www.pauladeen.com/recipe/old-fashioned-meatloaf-a-k-a-basic-meatloaf/>)

Recipe:

Ingredients:

1 lb ground beef

- 1 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1/2 cup chopped onion
- 1/2 cup chopped bell pepper
- 1 lightly beaten egg
- 8 oz canned without juice diced tomatoes
- 1/2 cup quick cooking oats
- 1/3 cup ketchup
- 2 tablespoons brown sugar
- 1 tablespoon mustard

Steps:

1) Preheat oven to 375 °F.

02) Mix ground beef, salt, pepper, onion, bell pepper, egg, tomatoes and oats together well and place in a baking dish. Shape into a loaf.

Topping:

01) Mix ketchup, brown sugar and mustard and spread on loaf. Bake for 1 hour.